

# OFFERS

# MEAL & A DRINK MEAL DEAL FROM £8.25

MON – FRI, 12-6PM

## Mains

### CHARGRILLED BURGER

Served in a toasted brioche linseed bun with our signature burger sauce, baby gem lettuce and red onion, with a side of seasoned chunky chips.

Your choice of:

**BEEF** 893 kcal | **CHICKEN FILLET** 842 kcal

### FISH & CHIPS<sup>†</sup>\*

Hand-battered in Irish Magners cider, served with seasoned chunky chips, tartare sauce and mushy peas 846 kcal

### 7oz# GAMMON STEAK

Served with a fried free-range egg, grilled pineapple and garden peas 798 kcal

### SCAMPI & CHIPS<sup>†</sup>

Nine pieces of wholetail scampi with a lemon wedge, seasoned chunky chips and garden peas 923 kcal

### CAULIFLOWER CURRY <sup>VB</sup>

Served with mint and coriander rice, naan bread and topped with spring onion, coriander and chilli 664 kcal

### SAUSAGES & MASH\*

Irish pork & leek sausages, mashed potato, garden peas and an Irish-whiskey sauce 1027 kcal

**VEGETARIAN ALTERNATIVE <sup>V</sup>** 664 kcal

### MAC 'N' CHEESE <sup>V</sup>

Macaroni in a Cheddar cheese sauce, served with garlic bread 857 kcal

## WHY NOT add...

<b>BBQ PULLED BEEF RIB</b> +293 kcal	+2.75
<b>GRILLED CHICKEN FILLET</b> +153 kcal	+2.50
<b>STREAKY BACON</b> +174 kcal	+1.00

## Sandwiches

All sandwiches are served with coleslaw and your choice of seasoned chunky chips (375 kcal) or dressed side salad (196 kcal)

### CHEESE & BALLYMALOE RELISH <sup>V</sup>

Monterey Jack cheese and Ballymaloe relish. Served in a warm sourdough baguette 581 kcal  
+ **HAM** +406 kcal

+

### PHILLY STEAK SANDWICH +1.00

Grilled rump steak, red onions, mushrooms and smothered in a cheese sauce. Served in a warm sourdough baguette 626 kcal

### FISH FINGER SANDWICH<sup>†</sup>\*

Hand-battered fish goujons in Irish Magners cider, baby gem lettuce and tartare sauce. Served in a warm sourdough baguette 503 kcal

### SPICY CHICKEN QUESADILLA

Four toasted tacos with pulled jerk chicken, tomato salsa, spring onions, coriander, sour cream and melted Cheddar cheese 775 kcal

### SHIITAKE MUSHROOM TORTILLA <sup>V</sup>

Shiitake mushrooms served in a tortilla pocket, with baby gem lettuce, crunchy slaw and Ballymaloe relish 549 kcal

### CHICKEN FILLET ROLL

Crispy chicken tenders, baby gem lettuce, tomato and mayonnaise. Served in a warm sourdough baguette 663 kcal

## Drinks

**A PINT OF CARLING®** +1.00

**GUINNESS®** +1.00

**COORS®** +1.00

**175ML HOUSE RED,  
WHITE OR ROSE WINE** +1.00  
**PEPSI MAX®**

**DIET PEPSI®  
LEMONADE  
REGULAR TEA OR COFFEE**

Adults need around 2000 kcal a day. <sup>V</sup> = made with vegetarian ingredients, <sup>VB</sup> = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, or need help accessing our allergen information, please let us know before ordering. All calories are correct at the time of menu print. Live nutrition information is available online. <sup>†</sup> Fish dishes may contain small bones. <sup>#</sup>All weights stated are approximate and prior to cooking. <sup>\*</sup>This dish contains alcohol. Prices include VAT at the current rate. All items are subject to availability